

Using Al Insights in Research

Guidance for Middle and High School Students

Available in **Explora**, **EBSCOhost** and **EBSCO Discovery Service**, *AI Insights* gives you short, easy-to-read summaries of full-text articles to enhance the information provided in the abstract. It's a smart way to boost your research, save time and understand tricky topics faster.



1. Get the Gist

Use *AI Insights* to quickly see what an article is about and decide if it fits your topic.

2. Understand More Easily

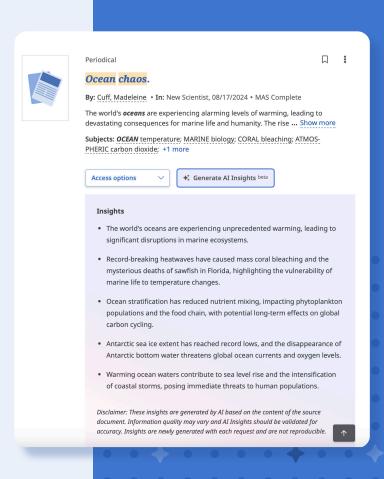
Summaries highlight the key points, making it easier to understand complex ideas — without reading the whole article first.

3. Find Support for Your Ideas

Use the summarized points to find helpful evidence. Be sure to read the full article to get the complete picture.

4. Study Smarter

Save time during research and exam prep. Use summaries to review key info fast.





How to Reference AI Insights

1. Cite it Clearly

Mention *AI Insights* when you use its summaries. Include the full article citation and note that *AI Insights* was used. Example:

Cuff, M. (2024). Ocean chaos. *New Scientist, 263*(2504), 32-35. https://doi.org/10.1016/s0262-4079(24)01491-x. AI Insights summary retrieved from Explora.

2. Acknowledge its Role

In your bibliography or project notes, explain that *AI Insights* helped you understand or summarize key points.

3. Double-Check for Accuracy

Since AI-generated summaries aren't perfect, always compare them with the full article to make sure your information is correct.

Bottom Line:

AI Insights helps you research faster and smarter. Use it to understand, support, and study — just make sure to give credit and verify your sources.