Empower your community to stay informed and healthy

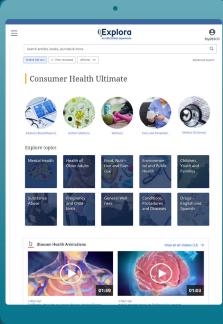
Consumer Health Ultimate provides the latest, most accurate, reliable and easy-to-understand health and wellness content on topics ranging from mental health to public health to holistic medicine. The database offers expanded collections of e-books and videos covering exercise, nutrition, communicable diseases, health disparities, child and teen health, and more.

Key Content

- 400+ active full-text health journals and magazines, including Consumer Reports On Health, Men's Health, Prevention, Self and Women's Health
- 7,000+ evidence-based health reports from WebMD
 Ignite covering conditions and treatments, procedures
 and tests, and wellness topics (English and Spanish)
- 1,000+ videos and animations covering multiple areas of health and wellness
- 900+ consumer health pamphlets and fact sheets from the CDC, FDA, NIH and others
- 400+ up-to-date health reference books, encyclopedias and e-books
- 1,600+ drug information entries (English and Spanish)
- 700+ natural and alternative health articles
- 42,000+ Merriam-Webster's Medical Desk Dictionary entries

Note: Information provided in this database should not be viewed as a means for self-diagnosis or a substitute for professional medical advice, diagnosis or treatment.

Consumer Health Ultimate is also compatible with EBSCOhost and EBSCO Discovery Service.



User-Friendly Research Experience via Explora

Consumer Health Ultimate offers comprehensive searching as well as a new visual browsing experience to help users find, narrow down, and focus their searches.

Additional features include:

- Text to speech for full-text articles
- Article translation in 100+ languages
- Ability to save content to Google Drive and Microsoft OneDrive
- Citation tool to help researchers properly format references
- For schools: Seamless integration with Clever, Google Classroom and top learning management systems