APA PsycTherapy® covers authentic therapy sessions.

Learn from unscripted streaming demonstration videos that teach valuable psychotherapy techniques.



What will you find?

- More than 900 videos showing various treatment approaches
- Proven methods showcasing common obstacles faced during therapy sessions
- Helpful tools that allow users to create playlists and share video clips

- Expertly tagged metadata for easy navigation to specific therapeutic techniques
- Synchronized transcripts that allow users to search for precise moments in therapy

